**MONTANA: HIGH & DRY**

**ARE WE IN A DROUGHT?**

Probably. You can check at: drought.gov/states/montana

**DROUGHT & HEALTH**

Drought creates dust, standing water, and stress.

Dust is bad for your lungs, and standing water carries diseases. Stress is bad for your whole body.

**Cyanobacteria** is highly toxic. It lives in standing water and looks like a green dust with no leaves. Stay away!

**Don’t breathe dusty air.** Wear an N95 mask if you have to be out in it, and filter the air in your home and car or tractor.

**Connect** with friends, family, and neighborhood groups. If you’re losing sleep, see a therapist.

**If drought is harming your business**, there are resources available at drought.mt.gov/resources.

For more information, visit montanahphc.org/drought.