



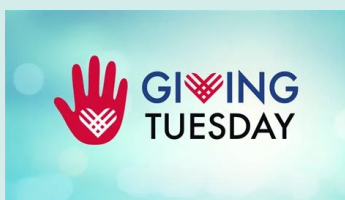
Volume 13

Teresa Wicks, RN: Billings Climate Advocate



A bout with cancer started Teresa's serious journey into the effects of environment on human health. As a nursing professor, she researches such concerns and incorporates her findings into her teaching and her personal life.

[Read more of Teresa's story here](#)



*****Give a free gift of power and empowerment today*****

Consider sharing this newsletter with five friends and ask them to sign up. It will empower them to act on climate and strengthen our voice in Montana. Thanks to the 250 of you who already have signed up!

Kalispell

Nurse wins City Council seat

Jessica Dahlman, a nurse with Logan Health, won a Kalispell city council seat last month!





Montana Climate Journeys.

For full (10 minute) video, go to our [Youtube Channel](#)

MtHPHC in Action

Air Quality Flag Program
Know Your Air Quality, Protect Your Health

What is the Flag Program?
Each day, a brightly colored flag is raised that corresponds with the local Air Quality Index (AQI) to inform the community about outdoor air quality conditions and if it is safe to play outside.

What is the Purpose of the Flag Program?
The Flag Program creates public awareness of air quality conditions. Unhealthy air can pose health threats including decreased lung function and worsening of respiratory illness such as asthma. You can visit the EPA's Air Quality Flag Program Webpage to learn more about the program.

How Do I Get Involved In The Flag Program?
This program is being funded by the Montana Chapter of the American Academy of Pediatrics. To get your school, business, or organization involved in the Flag Program, reach out to receive FREE flags with a flag pole, onsite training, and education materials.

Contact Information
mac.nolde@montanahphc.org
(406)-763-1006

- Air Quality is good
- Air Quality is acceptable
- Air quality is unhealthy for sensitive groups of people
- Air Quality is unhealthy
- Air Quality is very unhealthy



New Grant from Patagonia!

Patagonia Montana (Dillon) has awarded MtHPHC a grant. We will be hiring a part-time administrator. If you visit their store, thank them!

If you know anyone that wants to work from home on meaningful climate work, please contact

MT's EPA Flag Program

Mac Nolde, our Program Manager, now has 20 schools and businesses signed up to 'Raise the Flag on Air Pollution.' If you know of a teacher that might be interested,

More on Flags!



Ask EPA to limit flaring!

Written comments accepted through 2021. How to comment [here](#) and general info [here](#). Flaring is not limited in the proposed rule - just ask them to add that important component! PHOTO: Brad Weaver, unsplash



Funded Fellowship

Global Consortium on Climate and Health Education: 7/22-7/23, 20 hrs/wk, \$5000 stipend. Apply soon. Contact info@montanahphc.org for more information



Build Back Better

Let our Congressional delegation know the climate-protective measures that you care about. For a list of what is in the bill for Montana, and contact information for our Congressmen, go [here](#).



Building Codes

New energy efficiency codes are under consideration by the Dept. of Labor. Public Comment is welcome and needed at their 12/8 meeting. Agenda is [here](#) and the codes, [here](#). Improved efficiency lessens GHG emissions and saves homeowners money, making it a MtHPHC issue of concern. PHOTO: pixabay

MontanaHPHC In The News

21.11.30 Montanans testify to EPA over proposed Methane rulings: Anne Hedges, Rob Byron, Michelle Uberuaga

21.11.14 Missoulian OpEd by Ned Vasquez, Rebecca Elderkin, Chelsea Kuiper [here](#):

21.11.10 Bozeman Chronicle: Guest column: Health professionals must do their part on climate. Emory Hoelscher-Hull, Lynne Foss, Marian Kummer, Sarah Lorch, Ned Vasquez, Robert Byron and Lori Byron. [here](#)

21.11.10 Billings Gazette Guest view: Teresa Blascovich MD, Billings; Ned Vasquez MD, Missoula; Robert Byron MD, Hardin; Lori Byron MD, Hardin; and Cathy White MD, Butte. Healthcare providers do their part to mitigate global warming, [here](#)

21.11.10 - Rob and Lori Byron teach on air pollution in the Ekalaka school.

21.11.10 Helena Independent Record OpEd Ned Vasquez, M.D., Missoula; Robert Byron, M.D., Hardin; Lori Byron, M.D., Hardin; Debra Remillard, PA, Helena; and Carolyn Meyer, M.D., Helena. Guest view: Healthcare providers do their part to mitigate global warming. [here](#):

21.11.08 Montana Standard OpEd : Cathy White MD, Butte; Ned Vasquez MD, Missoula; Robert Byron MD, Hardin; Lori Byron MD, Hardin; and Teresa Blascovich MD, Billings. Guest view: Healthcare providers do their part to mitigate global warming. [here](#):

21.11.08 Research article by Lori and Rob Byron - MT (and others) - [Pediatric Climate Change Advocacy: A Call to Action for Health Care Providers](#) Journal of Applied Research on Children: Informing Policy for Children at Risk. [Here](#):

21.11.07 Research article by Lori Byron (and others). Integrating Climate Change Education into Board Certification for Pediatricians: a Model for Other Specialties, [The Journal of Climate Change and Health](#), [Here](#)

21.11.03 Drs Jen Robohm and Halley Blackburn, IoE Rough Cut Series: Mental Health Challenges associated with Climate Change and Climate Change-Related Work: Strategies from the Field. [Watch here](#)

21.11.04 New York Times article featuring Dr. Beth Schenk, [here](#).

21.11.02 Beth Schenk ANHE podcast: Climate Justice 10 Najeem Al Balushi - A Nursing view from Oman. [Listen here](#)

21.11.01 Beth Schenk featured in this Providence blog. Earth day can't wait: We need to act now on climate change. [Listen here](#)

21.10.30 Beth Schenk ANHE podcast: 4 #14 Climate Justice 9. Dr Connie Nguyen-Truong, Dr Shameem Rakha. Deconstructing Racialized Experiences. [Listen here](#)

21.10.30 Mac Nolde tabled at the Montana Association for the Education of Young Children, Butte, MT.

21.10.28 Signed on to a statewide organizational letter to Congress supporting climate provisions in the Build Back Better Act.

21.10.27 MSU Senate voted (and tabled) on resolution to acknowledge the climate emergency - Robert Byron commented

21.10.27 Beth Schenk ANHE podcast: 4 #13 Climate Justice 8 Bradley Thompson, MSN, RN-BC, PMHCNS-BC "Nursing is Nothing Without Action". [Listen here](#)

21.10.27 Environmental Health class and Politics of Energy Policy class at MSU, Drs. Rob and Lori Byron were guest lecturers.

21.10.25 research paper published : Climate & health concerns of MT public & environmental health professionals: a cross-sectional study. Lori Byron. [Here](#)

21.10.21 MT nurses meeting w Tester: Beth Schenk, Sarah Johnson, Teresa Wicks , Frances DeForrest, Jessica Dahlman

21.10.18 MthPHC signed on to a letter 'Protect Health - Recommendations for the Biden Administration in response to the climate crisis':. [Read here](#)

21.10.14 sign on w ALA for electric school buses. [Read here](#)

21.10.14 meeting with Arizona health advocates - to help start a clinicians for climate action group
21.10.14 Nick Silverman presented for the Mt Drought Management Plan Revision webinar

21.10.14 Beth Schenk ANHE podcast: 4 #12 Climate Justice 7 Maria Alejandra Orostegui Santander, RN, PhD, Visionary Educator in Colombia. [Listen here](#)

21.10.12 Webinar: Climate and Health: What every MT parent should know, sponsored by Families for a Livable Climate and MontanaHPHC, Rob and Lori Byron. [Watch here.](#)

MT.21.10.10 MEHA and MPHA newsletter stories on the climate Change and Health survey research done in Montana

21.10.08 Ravalli Republic OpEd by Kit Tilly and Hillery Daily. Climate change will affect Bitterroot economy . [Here:](#)

21.10.07 MT Physician meeting with Senator Tester - Ned Vasquez, Rob and Lori Byron

21.10.07 Dr. Robohm Using an IPE “Simulation Day” to Teach about the Physical and Mental Health Impacts of Climate Change. Virtual presentation for WWAMI Behavioral Scientists’ Annual Meeting.

21.10.06 Beth Schenk Rough Cuts Series, MSU Institute on Ecosystems : Environmental Stewardship in Healthcare. [Watch here](#)

21.10.06 Beth Schenk - Western Institute of Nursing Critical Conversations: Nursing’s Response to Climate Change: A Complex Socioenvironmental Crisis

21.10.06 Beth Schenk ANHE podcast: 4 #11 Climate Justice 6 Dr. Lizeth Veliz Rojas, Creative Educator and Public Health Nurse in Chile. [Listen here](#)

21.10.04 Dr. Jen Robohm. Mental Health and Climate Change: A Tale of 3 Crises. Presentation “Introduction to Climate Change” course at the University of Montana in Missoula, MT.

21.10.01 Winona Bateman and Rob Byron, Missoula Current article: Sustainable Montana: CC and Children's Health. [Read here](#)

Learning Corner

N95s and Forest Fires

N95 respirators could offer robust protection from wildfire smoke. Read more [here](#)



Christmas waste

Personal Action

Rubbish volumes rise by 30% around Christmas.

Consider the ["So Kind" registry](#) to decrease Christmas waste and read this blog: [I don't want more stuff!](#)

Montana Health Professionals for a Healthy Climate

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