



Inaugural Newsletter

We are excited to share this inaugural newsletter for Montana HPHC where we will share news, updates, opportunities for growth. as our state network grows. [Please forward this to others](#) who might be interested and [contact us](#) anytime with comments, ideas, and other opportunities you would like to share. We appreciate you: We are all in this together!

[DONATE](#) to our cause.



Educating colleagues on climate change renews passion for nursing: focus on Julia Ryder

Choosing nursing as a career grew from Julia's experiences in nature – time outdoors, the healing power of nature, wilderness programs for troubled teens.” A few years ago, she began noticing the links between climate and health. For example, as an ER nurse, she sees the effects of wildfires on her patients. She began talking with her colleagues and provided training at her hospital. She researched hospital sustainability with [Health Care Without Harm](#). She became a [Nurse Climate Champion](#), a joint project between Health Care

Without Harm and the [Alliance for Nurses for a Health Environment](#). She joined the [board of Montana HPHC](#) .

“Nurses have been rated as the most trusted profession, which allows us to begin the discussion of climate and health,” she said.

Julia Ryder, RN, BSN, is a registered nurse at Bozeman Health. She lives in Bozeman with her boyfriend and their two dogs, Roamer and Jake. When she is not at work or reading up on climate change, she enjoys teaching yoga, riding her bike, running, and skiing.

Signing on!

Actions by Montana HPHC



Montana HPHC is officially an Affiliate of the [Medical Society Consortium on Climate and Health](#).

We signed on to a [group letter](#) to the EPA from the US Climate and Health Alliance regarding amendments in methane emission standards.

We joined the [U.S. Call to Action on Climate, Health, and Equity](#).

Our Allies!

Allies of the MTHPHC are health and science organizations that are aligned with our [Vision and Mission statements](#) regarding the health threats of climate change and the health benefits of solutions.



Montana Chapter,
American Academy of
Pediatrics



American Lung
Association



UPCOMING EVENTS

follow our news column too!

12/5/2019 6pm Missoula MT

Lets Talk about Water Montana with Board Member Nick Silverman

12/5/2019 Sheridan WY

Climate Disruption: Health Disaster or Opportunity? A climate communication session with Drs. Rob and Lori Byron [call Julie Rieder for more information 702-468-0029](#)

12/5/2019 4pm Polson MT [Discussion of Climate and Social Justice](#)

12/6/2019 Missoula MT

Climate and Health: Interprofessional Perspectives and Solutions: A presentation to the Family Practice residents and staff at St. Patrick's with board member Dr. Paul Smith and Dr. Jennifer Robohm, psychologist [UM College of Health Professions & Biomedical Sciences](#)

12/7/2019 Missoula MT

FixIt Clinic [Home ReSource invites you to give the gift of repair this holiday season](#)

12/12/2019 Missoula MT

[Climate Smart Missoula's Year End Celebration and Smarty Pants Awards](#)

LEARN

[Do No Harm](#) - 3 minute video from Health care Without Harm

[WHO online training](#) on climate and health negotiations, 2-4 hours, free, New December 2019

[Pecha Kucha](#) Bozeman on Divestment by board member Lori Byron

MEMBERS IN THE NEWS

12.02.19 Climate Change: Killing the Planet or Killing You? [WhoWhatWhy](#)

11.09.19 There is No Them, Only Us [Billings Gazette](#)

11.06.19 Doctors Address Climate Change Concerns [Lewistown News-Argus](#)

12.02.19 [Wild Foods to Food Security and Cultural Values on the Flathead Reservation of the Confederated Salish & Kootenai Tribes in the Context of Climate Change](#)

Air Pollution and Brain Damage

Cognitive delays, anxiety, depression, hyperactivity, autism, and dementia have been linked with traffic-related air pollution, particulate matter and/or Polycyclic Aromatic Hydrocarbons from the burning of fossil fuels. PHOTO: pixabay



Lowering your Carbon Footprint

Decreasing Junk Mail

The average American receives 41 lbs of junk mail a year and 44% of it is thrown away and not recycled. This is 80-100 million trees a year, and a wasted 28 billion gallons of water each year.

Solutions:- Tell credit cards not send more offers, - email companies personally and ask them to stop sending you mail, - go to <http://www.ecocycle.org/junkmail> PHOTO: pixels, **Gerritt Tisdale**

Montana Health Professionals for a Healthy Climate

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